

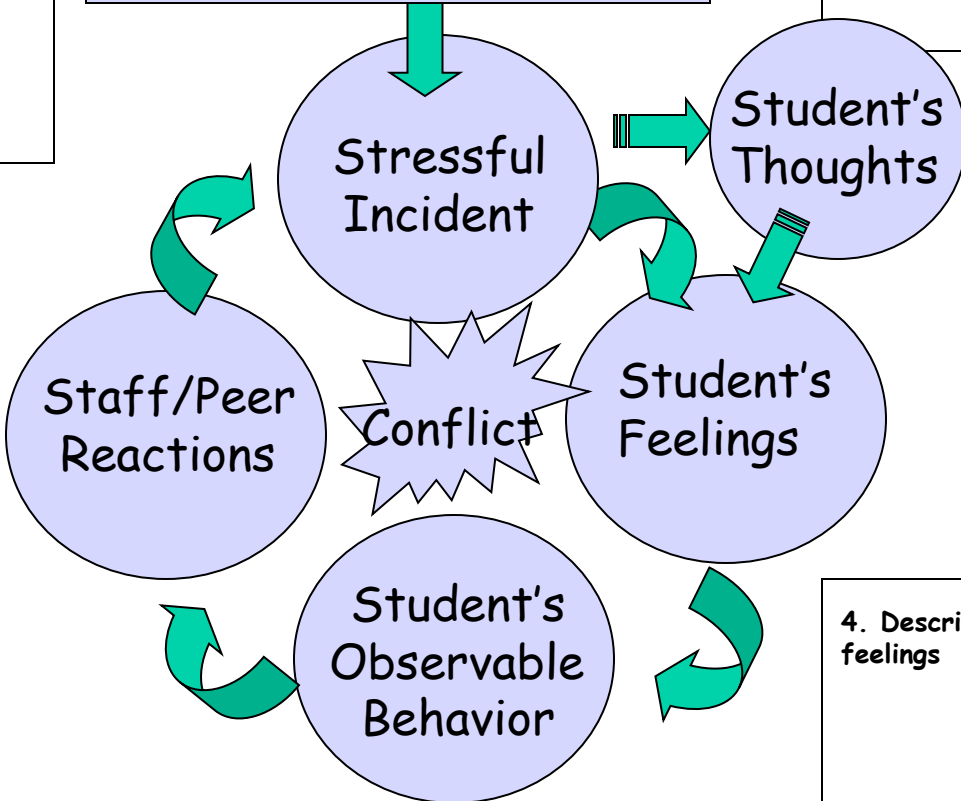
# Conflict Cycle Worksheet

After students have learned the basics of the conflict cycle, use this worksheet with them to debrief problems. Use words and/or pictures based on the needs and skills of the student. Keep copies as a source of data for future discussions with students and for FBA if needed.

1. Describe the student's self concept at this time

Student's Self -Concept and Irrational Beliefs

2. Describe the stressful incident



3. Describe the student's thoughts

6. Describe the staff/peer reaction

4. Describe the student's feelings

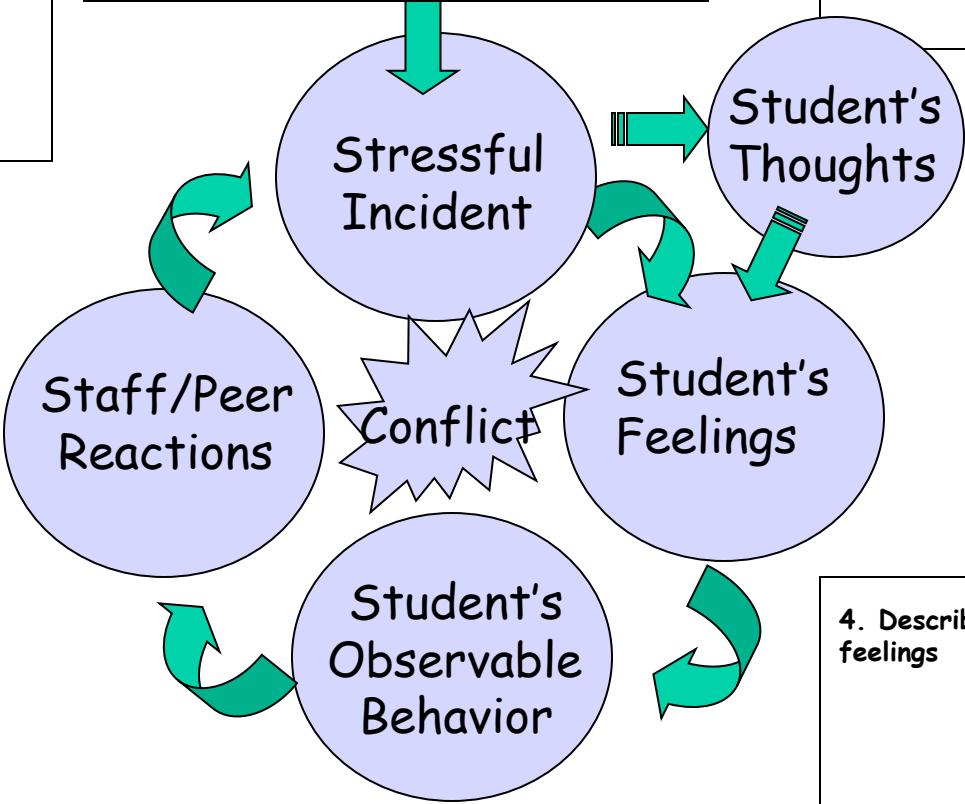
5. Describe the student's behavior

Conflict Cycle Worksheet  
Cycle 1

1. Carry over the student's self concept from previous page

Student's Self -Concept and Irrational Beliefs

2. Describe the next stressful incident



3. Describe the student's thoughts

4. Describe the student's feelings

6. Describe the staff/peer reaction

5. Describe the student's behavior

Conflict Cycle Worksheet  
Cycle 2

1. Carry over the student's self concept from previous page

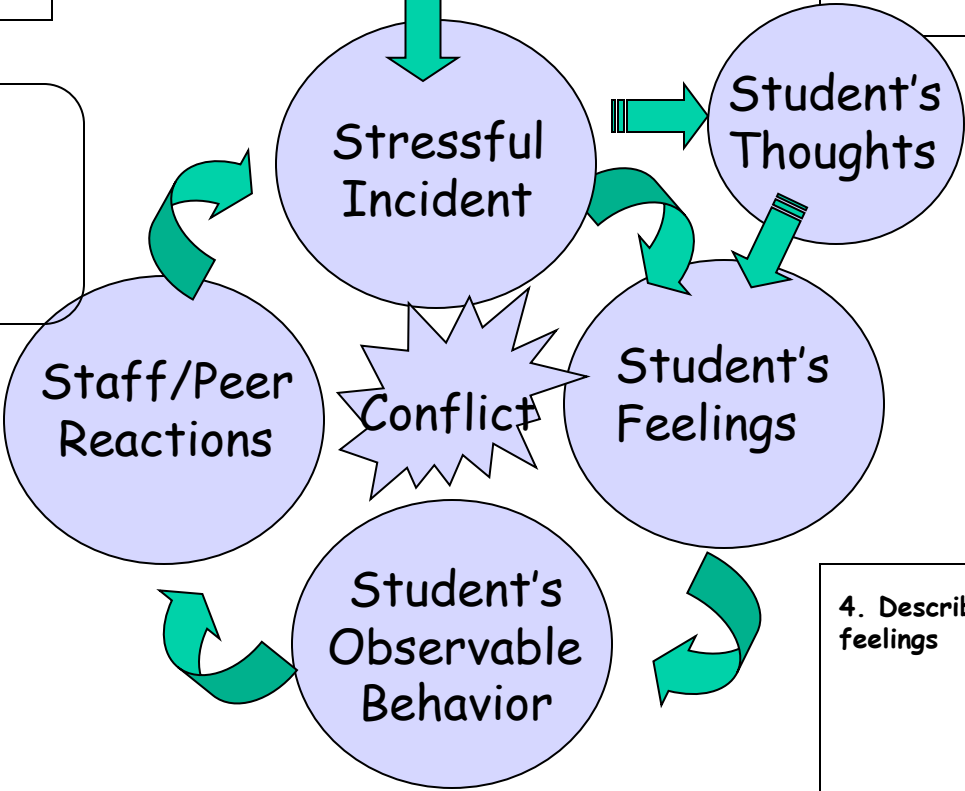
Student's Self -Concept and Irrational Beliefs

2. Describe the next stressful incident

7. How did this effect the student's self-concept & irrational beliefs?

3. Describe the student's thoughts

6. Describe the staff/peer reaction



4. Describe the student's feelings

5. Describe the student's behavior

Conflict Cycle Worksheet Cycle 3