

PBIS Matrix Lesson Physical Education

ORIENTATION:

- Accessing Prior Knowledge: Thinking back to the behavior matrix, how many of the expectations can you remember for P.E.?
- State learning objective and have written on the whiteboard: Students will be able to identify and demonstrate the 3 areas of Physical Education on the PBIS Matrix:
 - 1) Self- lock up your things and report to roll call
 - 2) School- suit up everyday
 - 3) Society- show sportsmanship
- State Expected Outcomes: Today we will be reviewing each of the 3 areas of the matrix, giving examples of each, and role-playing them with other members of the class.

PRESENTATION:

Self:

- Showing respect and responsibility for ourselves in P.E. is locking up our things and reporting to roll call.
- Checking for Understanding: Thumbs up/down for the following locker room expectations (or give the opposite to get a thumbs down response):
 - Enter on-time.
 - Change quickly and quietly.
 - Keep locker combinations private.
 - Lock all belongings in the locker. Do not leave items unattended.
 - Eat and drink outside of the locker room except for bottled water.
 - Keep cell phones in backpacks. Refrain from taking pictures in the locker room.
 - Wait behind BLUE LINE to be excused to roll call.
 - Go directly to roll call spots and quietly sit down.

School:

- Showing respect and responsibility for school in P.E. is to suit up everyday.
- Here are the expectations for suiting up:
 - Dressing is REQUIRED: the PE Uniform is a Grey Shirt & Green mesh Shorts that may be purchased in the Hawk Shop.
 - Wear Closed-toed Tennis Shoes.
 - Solid Grey Sweat Pants ONLY & Green, Grey, or White Sweatshirts may be worn during cold weather.
 - If you forget your PE clothes, you must get "Loaners." You get 5 free loaners per Semester. Consequences are listed below:
 - 1st -2nd Loaner receive a verbal warning
 - 3rd – 4th Loaner warrants grade deduction of 3 points each day & possible Phone Call Home
 - 5th Loaner warrants grade deduction of 5 points & mandatory Phone Call Home
 - 6th Loaner, you will be referred to the Responsibility Center in the Discipline Office + phone call home
 - 7th Loaner, RC + Lunch detention
 - 8th Loaner, RC + After School detention
 - 9+ Loaners, RC + Friday School
- Here is an example of the appropriate P.E. uniform (hold up). Checking for Understanding: Ask a non-volunteer to describe the items being held up.
- If the entire period dresses in their P.E. uniform with no loaners for the whole week, music will be played on Friday during changing time.

Society:

- Showing respect and responsibility for society in P.E. is to show sportsmanship.
- Sportsmanship is defined as:

- Playing fair.
- Following the rules of the game.
- Respecting the judgment of referees and officials (or teacher).
- Treating opponents with respect.
- Checking for Understanding: Name at least one element of sportsmanship.

GUIDED PRACTICE:

Students will practice role-playing the following scenarios in partners or small groups with teacher coaching/guidance:

- 1) Self: Demonstrate how you would get dressed in the locker room. Remember to lock up your things and report to roll call.
- 2) School: Explain to a new student the P.E. uniform and the loaner clothing policy. Remember all the different pieces of clothing.
- 3) Society: During a basketball game, your teammate misses a basket and you lose the game. How should you react?

CLOSURE:

Exit Ticket: On a half-sheet of paper students will write the 3 areas of P.E. (Self, School, and Society) and how to demonstrate them (lock your things up and report to roll call, suit up everyday, and show sportsmanship). Ask non-volunteers to share their responses. Re-teach any areas as needed.

INDEPENDENT PRACTICE:

Students will demonstrate this behavior everyday in P.E. class. Verbal reminders, visual reminders, locker room meetings, visits to the Responsibility Center, and phone calls home will be used if students are struggling to follow the PBIS expectations.