

Sample 6 Week Plan Integrating PBIS, SEL, Trauma Informed Practices and Restorative Justice

These weeks are meant to build on each other, so you continue to do the practices from the previous week and layer in new practices. Practices such as teaching expectations can be faded as students show proficiency, but any practice can be revisited or re-taught as needed.

Week 1	Week 2	Week 3
<p>Focus Areas:</p> <ul style="list-style-type: none"> • Getting to know names, strengths and needs. • Schoolwide & Classroom Expectations • Class Charters • Community Circles • Mindfulness/Calming • Community Building Activities • Recess Games • Academic Goals 	<p>Focus Areas:</p> <ul style="list-style-type: none"> • Getting to know names, strengths and needs. • Schoolwide& Classroom Expectations • Peer and Class Problem Solving • Classroom Community Activities • Feel Good Plans • Zones of Regulation • Diagnostic Academic Work 	<p>Focus Areas:</p> <ul style="list-style-type: none"> • Getting to know names, strengths and needs. • Schoolwide& Classroom Expectations • Formal SEL Lessons • Diagnostic Academic Work • Bystanders Program • Academic Routines & Transitions • Interactive Structures
Week 4	Week 5	Week 6
<p>Focus Areas:</p> <ul style="list-style-type: none"> • Build on Weeks 1-3 • 2 x 10 relationship building if needed • Whole class project • Circle Keepers • Begin focused academic content • Independent Reflections • Empathy Building • Character Trait/Dare of the Week 	<p>Focus Areas:</p> <ul style="list-style-type: none"> • Build on weeks 1-4 • Increase Self-Monitoring & Independence • School Climate Survey • Emotional Regulation • Increase Academic Stamina • Begin Class Rotations for Math & Specialties • Character Trait/Dare of the Week 	<p>Focus Areas:</p> <ul style="list-style-type: none"> • Build on weeks 1-5 • Universal Screening • Increase Self-Monitoring & Independence • Increase Academic Stamina • Schoolwide Expectations Video Challenge • Fall Spirit Week • Character Trait/Dare of the Week